

Field Institute of Taos - I Play Outside At Home - Activity One



MAKE A FIELD JOURNAL

This can be as simple as a few pieces of paper folded in half or it can be a notebook you have sitting around at your house. This will be where you record your observations through drawing and/or writing.

Make it special by decorating the front (and back?) cover.

Draw some of your favorite things about nature.

Give it a title, if you'd like.

Use just a pencil or make it colorful with markers, paint, stickers, or decorate it by gluing on bits of sticks or grains of sand.

Once you are finished making your journal and decorating it, you will need to find a pencil that will be used in the field. We use pencil outside so it won't be ruined if it gets wet. If you tend to lose things, you can tie the pencil to your journal with a thin piece of yarn.

Each day you will record the date and weather to start. When you are adventuring outside, record observations by writing and/or drawing in your Field Journal. We will give you ideas for activities in the coming days.

Now, it's time to head OUTSIDE and go on some adventures to discover the world close to your home!