



25 THINGS FITAOS LOVES TO DO IN WINTER!

How many of these ideas can you do before winter is over? Check out the links to learn more.

Get outside and explore! **Share a photo, share your ideas...post and tag @fitaos96**

- Build a snow person, animal, or alien.
- Blow bubbles outside when it's really cold (below 20F) & [watch them freeze!](#)
- Find cool patterns in ice or frost.
- Put water out each morning for birds (not frozen).
- Get a black piece of fabric or paper and catch some snowflakes falling from the sky. Look at them very closely (outside so they don't melt too fast). Maybe even try to draw the shapes you see or take [photos](#).
- Make a [winter suncatcher](#) to hang outside.
- Look for animal tracks. See if you can follow them. Try to [identify the tracks](#).
- In fresh snow, stomp out a pattern. If you have space, try to make a big design that someone could see if they flew overhead, like [this guy](#).
- Go on a winter hike on a trail you have hiked in a different season. How different is everything? Is anything the same?
- Find the biggest icicle you can find. Find the tiniest [icicle](#).
- Look at the stars on a clear, cold night. Use a free star finding app, if you'd like, to help you identify constellations and planets (SkyView Lite is free).
- Build a snow fort.
- Observe the red willows and the white trunks of the aspen trees.
- Go sledding.
- Set up an obstacle course using snow, logs, rocks, whatever you can find.
- Make a snow angel.
- Listen to the sound of snow crunching under your feet.
- Explore a frozen creek. Where is the ice thickest. Is there a place where the water is still running? What can you see below the ice?
- Look for heart shapes in nature. What other cool shapes can you find?
- Make a [pine cone bird feeder](#)
- Pay attention to clouds and weather. Can you find any patterns?
- Catch snowflakes on your tongue.
- Pretend you're a snow Yeti and sneak around without being seen.
- Make a snow fairy house.
- Watch the sunsets and (at least one) sunrise.