

MOUNTAIN CAMPS 2024 EQUIPMENT LIST

Please make sure you are *prepared* by following the guidelines on this Equipment List. We have a limited supply for campers to borrow so please just let us know if you need something!

Please bring or wear the following items <u>each</u> <u>day</u>:

- Shoes for adventure (sneakers or hiking boots no sandals)
- Hat with a visor
- Sunscreen and lip protection (please arrive with sunscreen already applied)
- o **Healthy snack and lunch!** (no insulated bags or lunch boxes please)
- o Full, non-leaking, reusable <u>water</u> bottle(s) (enough water for a day of hiking)
- Lightweight rain jacket
- Fleece jacket (not cotton)
- Sharpened pencils (2)
- Spare pair of clean socks
- Day pack that fits lunch, water, and rain jacket
- Optional: Insect repellent
- Optional: Mask to wear while riding in van and in indoor spaces

Please also pack an additional warm sweatshirt or fleece and an extra pair of pants in a separate bag on the first day of the session. These will be kept on hand in the van for the duration of the session in case of rain-soaked clothing.

Please do not pack any glass items.

We will let you know in advance about special days that require additional items such as a swimsuit and water shoes.

Wear clothing that can get dirty!

PLEASE PUT YOUR NAME ON EVERYTHING SO THAT WE CAN RETURN LOST ITEMS!

Remember to make sure you are prepared each day!

NO IPODS, CELL PHONES, OR VIDEO GAMES IN OUR PROGRAMS AT ANY TIME.

Questions? Feel free to contact us by phone or e-mail. See you soon!

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